



TESTIMONIALS

"I am always moving even if I am on the ground"

"It is fun and I feel every part of my body, great workout"

For further information on:

- .. Education
- .. Training concept
- .. Studios
- .. Videos, and workouts
- .. Power Slashing
- .. Modern Slashing

visit us at: www.slashpipe.com



* Geprüft und empfohlen vom Forum: Gesunder Rücken - besser leben e.V. und dem Bundesverband der deutschen Rückenschulen (BdR) e.V. Weitere Infos bei: AGR e.V., Pf. 103, 27443 Selsingen, Tel. 04284/92 69 990, www.agr-ev.de

facebook.com/slashpipe

SLASHPIPE Middle East · Plot 313 · Delma Street · PO Box 26080 · Al Nahyan Camp· Abu Dhabi · United Arab Emirates · Fon +971 26 438 616 · Fax +971 2 6438615
slashpipe@nordwind-group.com · www.slashpipe.ae

JOIN THE ONLY WAVE IN FITNESS

If you are looking to experience a whole health, mind and body workout, then your search has ended with SLASHPIPE! It's concept and design is truly innovative. The experience of working out with SLASHPIPE is entirely unique. Delivering a new sensation, a new experience, and new results....

A workout with SLASHPIPE provides body and mind conditioning, increased coordination, advanced stength and a cardiovascular workout....ALL IN ONE!

Using SLASHPIPE speaks to your soul. Your eyes will follow the rythm of the water as it flows through the pipe. Your ears will hear it soothing sounds and your body will feel its sensations and respond.

It's been said that using SLASHPIPE is like being with the Ocean.



THE FITNESS WAVE
FEEL THE NEW
POWER OF WATER

Hear it! See it! Feel it!





SLASHPIPE

THE POWER OF WATER ■

GROUP FITNESS

*JOIN THE MOVEMENT WITH THE POWER OF WATER!
POWER SLASHING AND MODERN SLASHING!*

There is a new wave in group fitness! We believe group fitness should be fun and SLASHPIPE delivers! It provides all the key elements to a group environment and proves to be one of a kind in its experience. Involving the power of water in a group environment, will be unlike anything you've experienced before. Flow through various exercises complimented by chart topping music and rock star instructors! Our cutting edge techniques will keep you coming back for more.

CHILDREN/YOUTH

HAVE FUN WITH THE POWER OF WATER!

You can strength train with SLASHPIPE for kids? You bet! Done properly, strength training offers many benefits to young athletes. We have found after one class, kids were jumping off the couch to join in - jumpstarting healthier habits, for a lifetime of health and fitness. SLASHPIPE stimulates coordination, movement, inspiration and excitement! Our approach for children is to teach them multiple techniques for mild resistance and strength training, with small controlled movements. It should be noted that a proper emphasis on proper technique and safety is first and foremost.

PERSONAL TRAINING

GET IN SHAPE WITH THE POWER OF WATER!

As a personal trainer it is surely your goal to help your clients gain strength and overall health, by deciding which exercises they should do and instructing them on how to do them. Personal Training with the SLASHPIPE and our techniques, provides the perfect combination for just that! There are hundreds of different exercises and various SLASHPIPE sizes to accommodate any "one on one" training concept. The experience of a SLASHPIPE workout will set you apart from the same old routine and your clients will love it!

FUNCTIONAL TRAINING

*YOU CAN ENSURE YOUR GOALS OF TREATMENT ARE
REALISTIC AND ACHIEVABLE!*

Functional training with the SLASHPIPE (when performed correctly) will result in better joint mobility and stability, as well as numerous efficient motor patterns. The advantages are endless with regular training using SLASHPIPE. One workout will boost strength and endurance, improve deep body awareness and improve concentration! Practicing these techniques will decrease the potential for an injury sustained during an athletic endeavor. Performance in a sport and training using SLASHPIPE will change the way you think about functional training.

HOME TRAINING

BALANCE YOUR HOME WITH THE FLOW OF WATER!

Accessorize your home with some professional equipment. The SLASHPIPE is innovative, functional and easy to handle! You can now enjoy getting in shape and feeling the benefits of overall health, in the comfort of your own home. The experience of a SLASHPIPE workout will bring the beach to your doorstep.

MEDICAL SLASHING

The Medical Fitness profession provides a safe and effective bridge for the patient to cross from the structured clinical treatment and/or rehabilitation environment, to mainstream community or home-based exercise. The SLASHPIPE can be used in all fields of medical fitness training! Available in different forms and sizes to accommodate any needs, SLASHPIPE is sure to enhance the client's experience. It combines Fun and function with attainable results.

BENEFITS OF MEDICAL SLASHING

- Strengthen your back muscles
- More physical power
- Stabilization of the spine
- Joint Stabilization
- Treatment of the orthopedic injury
- Fights Osteoporosis
- Treatment of neuromuscular disorders
- Increased Coordination
- Advanced strength
- Increased agility



www.slashpipe.com

facebook.com/slashpipe